



**Spencer Tasker d.m.d Christian Peck d.d.s.**  
**2421 cabezon blvd, rio rancho, nm 87124**

## **AFTER YOUR CHILD'S SEDATION**

Today your child had dental treatment under conscious sedation. He/She has received either Hydroxyzine (Vistaril) or Midazolam (Versed) medicine(s) for sedation. Children respond to sedation in their own way, but the following guidelines will help you know what to expect at home.

### **GOING HOME FROM THE OFFICE**

1. Your child will not be able to walk well, so we suggest that you carry your child or use a wheelchair to the car or around the office.
2. Young children (up to age 3 or 4 or 40 inches tall) must be restrained in a car safety seat.
3. Older children must be restrained with a seat belt, and should be assisted into your home by two people.

### **ACTIVITY**

1. It is best to keep your child awake for two (2) hours following the appointment.
2. A second responsible person must watch your child in the car while driving home.
3. Your child may be unsteady when walking or crawling and will need support to protect him/her from injury. An ADULT must be with the child at all times until the child has returned to his/her usual state of alertness and coordination. Your child should be able to return to school or day care the following day.
4. Do not allow your child to sleep with the chin dropped towards the chest—this could prevent adequate breathing.
5. Watch for lip/cheek/tongue biting or picking at the face due to the numbness from the local anesthesia.
6. Your child should not perform any potentially dangerous activities, such as riding a bike, playing outside, handling sharp objects, working with tools, or climbing stairs until they are back to their usual alertness and coordination for at least one hour.

### **EATING AND DRINKING INSTRUCTIONS**

Your child's stomach may feel upset for the next few hours. Begin by giving clear liquids such as clear juices, water, jello, popsicles, or broth. If your child does not vomit after 30 minutes, you may continue with

solid foods. If vomiting occurs, keep your child's throat clear by holding the head down or to the side during vomiting.

### **REASONS TO CALL THE DOCTOR**

1. You are unable to arouse your child
2. Your child is unable to eat or drink
3. Excessive vomiting or pain
4. Your child develops a rash

**FOR THESE OR ANY OTHER CONCERNS** about your child's sedation, contact our office at (505) 884.5437. It is important that you contact our office of any change in your child's health within 48 hours of then dental appointment.